

Saturday Rugby Training Sessions

Covid 19 Risk Assessment and Guidelines **Policy**



- All coaches and officials, official bodies overseeing and hiring premises aware that Fit4Rugby have this policy in place.
- Group sessions will be organised in a series of formations that comply with social distancing.
- There will be appropriate spacing between participants and coaches throughout the training sessions. Participants reminded of this throughout the session.
- No equipment will be passed to/from coach to participant. Each participant provided with own ball, etc.
- No water bottles, bibs etc. passed between coach and participant.
- All equipment will be cleaned and sanitised before use and again after session.
- Participants will be encouraged to clean/wash hands before, during (at break times) and after the session.
- Parents and children should not cluster in groups during the sessions.
- Parent/Carer to attend and support only their child or child from their household.
- Numbers of participants in each group, kept within and not exceeding the current relevant regulations and guidelines.
- Although there may be heightened concerns around first aid, this will continue as normal, with other safety aspects (eg. gloves, face shields) used appropriately.
- Card contactless payments will be promoted.
- Guidelines and compliance of the facilities providers 'terms and conditions' will be followed.
- All up to date contact details of participants known.
- Participation in sessions, booked in advance by text, phone or email contact.
- Register taken of participant's names, for future tracing and contact of all participants, if covid 19 symptoms are identified after participation with any person in attendance. (Coach, Parent/Carer, Participant)
- Any future updated guidance by National Sports' Organisations and Government Rules to be followed.
- All Parents/Carers sign Covid 19 awareness agreement, before a training session commences.

Dated January 2022